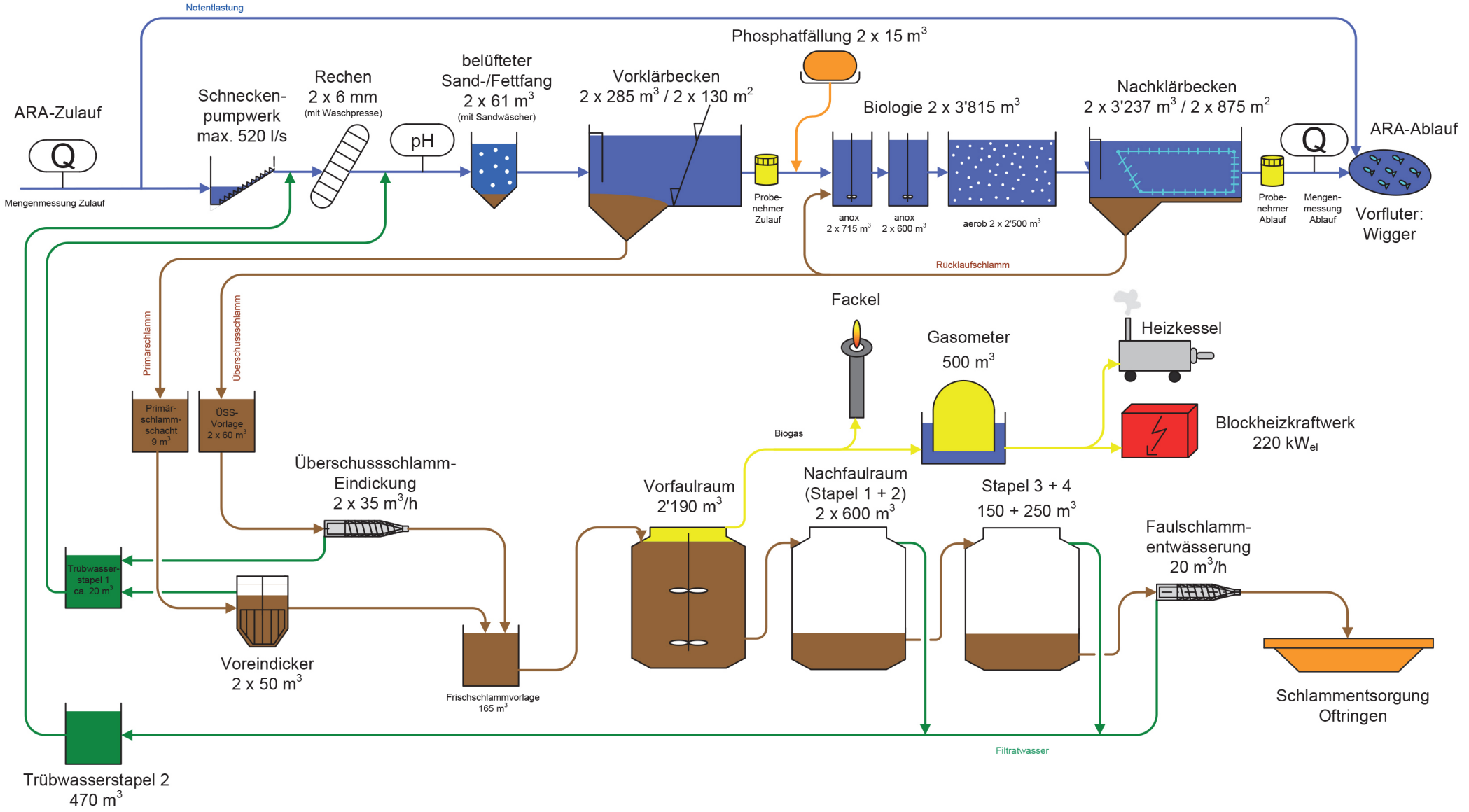Prinzipschema ARA Oberes Wiggertal